

# MOMENT 5

Happy Moment 5! Let the learning, work, and wonder continue! As life gets back to “normal” think about the places you take your children to, where you travel, where they attend school. How much diversity and culture do they experience? Make this a more active part of your life.

Visit museums, cook a meal, diversify the toys and books in your home, when you plan your trips to travel - think about visiting places that will help you learn more about that community.

For example, if you cook a meal from a different culture - learn about that culture and the importance of that meal. Think of it like going to a friend’s house and how that friend has different ways they do things at their home. Maybe you take your shoes off at the front door, maybe they eat dinner at the kitchen counter and only use the dining room for special occasions? Just like when we visit somewhere new, cook a meal, learn a skill that represents another culture, we need to respect the culture and their values.

Remember to continue to talk about race and racism. For example, if you are watching a Disney movie and most of the characters are white, talk about this. These conversations are vital to creating longer lasting change.

Want ideas on what books to add to your library or just watch read-alouds? [Visit here for more books.](#)

**To further your research and learning along, here are more resources:**

[Raising Race-Conscious Children](#)

[Anti-Racism for Kids: An Age-by-Age Guide to Fighting Hate](#)

[Beyond the Golden Rule](#)

[Stages of Racial Identity Development](#)

[Story Pirates: Story Creation Zone](#)

[There is no Such Thing as Reverse Racism](#)