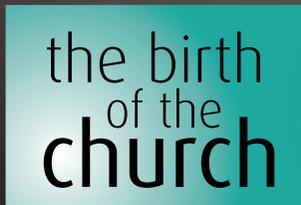
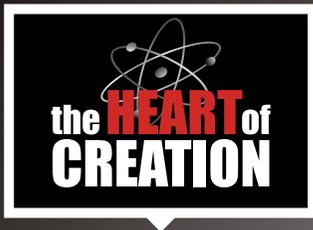


BINGEWORTHY

THE BIBLE IN 10 EPISODES

Daily Scripture & Reflection Guide



✓ MY LIST

August 18 ▼

Dear St. Luke's,

The purpose of this *Bingeworthy* Sermon Series is to help each of us become more familiar with the Bible. Each Sunday will focus on one of ten major periods of biblical history. Then Monday through Friday this guide will highlight key stories within each period. Daily participation will help you learn the overall narrative of the Bible.

But more than just learning The Bible Story, I believe that using this guide will help you hear from God. Paul wrote in II Timothy 3:16 that “all scripture is God-breathed” meaning that through scripture we receive God’s message and ideas that breathe life into us. This 10-week series gives you a way to experience this reality.

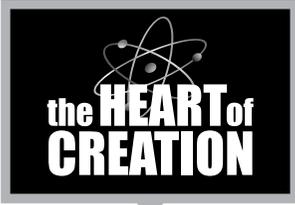
Try this:

1. Each day set aside a time to give quiet attention to God.
2. Read the scripture from the week’s period of biblical focus along with the psalm.
3. Quietly reflect on what God may be saying to you through these verses.
4. Write down your thoughts.
5. Next, write down things you are thankful for in your life. Maybe consider your previous day and the blessings you celebrate regardless of how small they are. It is amazing the way praise puts us in a happier, more positive mindset.
6. Finally, write down the names of people or events you feel led to pray for.
7. Close in prayer. Simply talk with God about all these thoughts.

See what this daily practice does to your spirit, outlook and faith. John Wesley, the founder of Methodism, considered scripture one of the means of grace. Perhaps these weeks will bring new experiences of God’s grace for you. That is my prayer.



Rob Fuquay
Sr. Pastor, St. Luke's UMC



SABBATH

Chart of Biblical History
Stories of Beginnings

- Creation
- Adam and Eve
- Cain and Abel
- Noah and the flood
- Tower of Babel

MONDAY, AUGUST 19 ► episode 1

SCRIPTURE READING

Genesis 1:1–2:3

Psalms 19:1–2

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

Separated from God

ADAM & EVE

SCRIPTURE READING

Genesis 3

Psalm 36:1–4

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

Am I my brother's keeper?

CAIN & ABEL

SCRIPTURE READING

Genesis 4

Psalm 37:8–9

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

Trust and obedience

NOAH

SCRIPTURE READING

Genesis 6:17–7:5

Psalms 27:1–3

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

Self-sufficient vs. God dependent

TOWER OF BABEL

SCRIPTURE READING

Genesis 11:1–9

Psalm 8:4–9

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.



ABRAHAM

Chart of Biblical History

The Covenant People

2000BC - 1700BC

- Abraham
- Isaac
- Jacob
- Joseph
- Joseph's family (Israel) comes to Egypt

SCRIPTURE READING

Genesis 17:1–22

Psalms 119:65–66

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

Owning my faith

ISAAC

SCRIPTURE READING

Genesis 26:18, 25

Psalm 62:5–8

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

Wrestling with God

JACOB'S NAME CHANGED TO ISRAEL

SCRIPTURE READING

Genesis 32:22–32

Psalms 86:6–7

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

Jealousy in the family

JOSEPH AND HIS BROTHERS

SCRIPTURE READING

Genesis 37

Psalm 42:5

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

Family reconciliation

JOSEPH IN EGYPT

SCRIPTURE READING

Genesis 50:19–20 & Genesis 45:8

Psalms 71:5–6

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.



**MOSES
RECEIVES
THE LAW**

Chart of Biblical History

Egypt, Exodus and Desert Wandering

1700BC - 1220BC

- Israelites in Egypt in slavery
- Moses born
- Moses leads people out of Egypt
- 40 years in the wilderness with the LAW
- Moses dies. Joshua is new leader

SCRIPTURE READING

Deuteronomy 5:1–21 & Exodus 6:4–9

Psalm 119:65–66

Pause, ponder and think about these scripture verses.

Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

God's presence

PILLAR OF CLOUDS BY DAY/FIRE BY NIGHT

SCRIPTURE READING

Exodus 13:20–22

Psalm 139:7–8

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

Developing daily dependence on God

QUAIL & MANNA

SCRIPTURE READING

Exodus 16:4–5 & Exodus 16:21–26

Psalm 5:1–3

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

How to worship

THE TABERNACLE

SCRIPTURE READING

Exodus 31

Psalm 100:2–5

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

Impatience or rebellion?

AARON MAKES THE GOLDEN CALF

SCRIPTURE READING

Exodus 32:1–4

Psalm 39:8–9

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.



**A LONG AWAITED
PROMISE
FULFILLED**

Chart of Biblical History
Joshua and Judges Settling the Land
1220BC - 1020BC

- Joshua leads Israel into the Promised Land
- Joshua dies. Era of Judges begins
- Judge: Deborah
- Judge: Gideon
- Judge and Prophet: Samuel

SCRIPTURE READING

Joshua 1:1–11

Psalm 44:3

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

Who will you serve?

JOSHUA OFFERS A CHOICE

SCRIPTURE READING

Joshua 24:14–15

Psalm 91

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

Women lead the battle!

DEBORAH, BARAK AND Jael

SCRIPTURE READING

Judges 4

Psalm 86:6–7

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

Lack of faith

GIDEON AND THE FLEECE

SCRIPTURE READING

Judges 6:36–40

Psalm 32:8

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

God gives in to the people

SAMUEL ANOINTS SAUL AS FIRST KING

SCRIPTURE READING

I Samuel 8

Psalm 82:8

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.



LISTENING TO WARNINGS: DAVID & NATHAN

Chart of Biblical History

Kings and Prophets; 1020BC - 587BC

- United Kingdom of Israel (1020BC–922BC)
 - Kings: Saul, David, Solomon (builds temple)
- Civil War results in divided Kingdoms (922BC)
- Northern Kingdom (Israel) conquered by Assyria (722BC)
- Southern Kingdom (Judah, capital Jerusalem) conquered by Babylon (587BC)
- Temple destroyed, survivors exiled to Babylon

SCRIPTURE READING

II Samuel 11 & II Samuel 12:1–13

Psalm 51

**Pause, ponder and think about these scripture verses.
Then respond to these questions:**

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

The United Kingdom divides

KING SOLOMON'S FALL

SCRIPTURE READING

1 Kings 11:9–13

Psalms 72:1–7

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

A prophet with big faith

ELIJAH ON MOUNT CARMEL

SCRIPTURE READING

1 Kings 18:16–46

Psalm 71:17–18

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

How well do you measure up?

AMOS AND GOD'S PLUMB LINE

SCRIPTURE READING

Amos 7:7–8

Psalms 6:1–3

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

The fall of Jerusalem

SURVIVORS TAKEN TO EXILE

SCRIPTURE READING

Jeremiah 52:6–16

Psalm 79:1–5

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.



EZEKIEL WARNS OF EXILE

Chart of Biblical History

Living In Exile
587BC – 539BC

- Ezekiel
- Daniel
- Jeremiah
- Queen Esther

SCRIPTURE READING

Ezekiel 12:1–11

Psalm 6:6–7

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

Holding onto Godly habits

DANIEL REMAINS FAITHFUL

SCRIPTURE READING

Daniel 1:8–21

Psalm 39:12

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

God's compassion

JEREMIAH'S HOPE

SCRIPTURE READING

Lamentations 3:21–23

Psalm 40:11

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

For such a time as this

QUEEN ESTHER

SCRIPTURE READING

Esther 4

Psalm 22:19–24

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

Singing in exile

BEING FAITHFUL WHEN ALL IS LOST

SCRIPTURE READING

Psalm 137:1–6

Psalm 42

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.



THE EXILES RETURN

Chart of Biblical History

Return from exile, but under others rule
539BC – 4BC

- Persian Period, King Cyrus, exiles return (539BC)
- Ezra the priest establishes law
- Nehemiah secures city with wall
- 2nd Temple built (515BC)
- The Greek Period (333BC)
- Hasmonean Period (167BC)
- Romans capture Jerusalem (63BC)
- Birth of Jesus (4BC)

SCRIPTURE READING

Ezra 1

Psalms 121

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

The joy of Scripture

EZRA READS THE LAW

SCRIPTURE READING

Nehemiah 8:1–6

Psalms 119:1–8

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

Opposition overcome

NEHEMIAH REBUILDS THE WALL

SCRIPTURE READING

Ezra 3 & 4

Psalm 66:1–5

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

He will come riding on a colt

THE COMING MESSIAH

SCRIPTURE READING

Zechariah 9:9

Psalm 118:22–24

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

Waiting for the Messiah

400 YEARS OF SILENCE

SCRIPTURE READING

Malachi 3:1 & Isaiah 9:6

Psalm 43:3–4

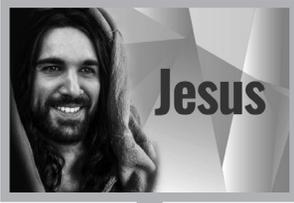
Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.



THE CALLING OF THE DISCIPLES

Chart of Biblical History *Life and Teachings of Jesus* 4BC – 29AD

- Birth of Jesus (4AD)
- Birth of Paul (10AD)
- Baptism of Jesus (26/27AD)
- Jesus teaching, miracles and healing ministry (3 years)
- Crucifixion/Resurrection of Jesus (29/30AD)

SCRIPTURE READING

Luke 5:1–11

Psalm 37:23

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

Sermon on the Mount

TUESDAY, OCTOBER 8 ▶ episode 8

JESUS TEACHES US HOW TO LIVE

SCRIPTURE READING

Matthew 5–7

Psalm 119:1–4

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

Miracles

NOTHING IS TOO HARD

SCRIPTURE READING

Luke 5:17–26

Psalm 147:5

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

Crucifixion

IT IS FINISHED

SCRIPTURE READING

John 19:1–30

Psalm 22:1

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

Resurrection

IT'S HARD TO BELIEVE IT

SCRIPTURE READING

Luke 24

Psalm 77:14

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

the birth of the church

THE POWER OF THE HOLY SPIRIT

Chart of Biblical History

The Gospel spreads

30AD – 70AD

- Pentecost (50 days after resurrection)
- Stoning of Stephen (30/31AD)
- Paul's conversion (30/31AD)
- The Jerusalem Council (44/49AD)
- Paul's three missionary journeys (46-56AD)
- Paul and Peter martyred (62-68AD)
- Fall of Jerusalem, Temple destroyed (70AD)

SCRIPTURE READING

Acts 2:1–31

Psalm 16:8–11

Pause, ponder and think about these scripture verses.

Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

The first to die for faith

STEPHEN, CONFIDENT TO DEATH

SCRIPTURE READING

Acts 6

Psalm 27:1–3

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

Conversion of Saul to Apostle Paul

ZEALOUS FOR CHRIST

SCRIPTURE READING

Acts 9:1–19

Psalm 119:116

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

Taking the Gospel to Africa

PHILIP AND THE ETHIOPIAN EUNUCH

SCRIPTURE READING

Acts 8:24–30

Psalm 96:3

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

Conversions to the Gospel

PETER

SCRIPTURE READING

Acts 10:30–48

Psalm 46:10

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.



YOUR INHERITANCE

Chart of Biblical History

Promise of eternity

95AD – present

- Writing of Revelation (95AD)

SCRIPTURE READING

I Peter 1:3–4

Psalm 39:7

Pause, ponder and think about these scripture verses.

Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

Momentary affliction

GLORY BEYOND COMPARISON

SCRIPTURE READING

2 Corinthians 4:17–18

Psalm 19:1–4

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

Suffering will end

GLORY IS PROMISED

SCRIPTURE READING

Romans 8:18

Psalm 73:25–26

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

No more tears

DEATH SHALL BE NO MORE

SCRIPTURE READING

Revelation 21:4

Psalm 73:25–26

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

God's time

HAVE HOPE

SCRIPTURE READING

Revelation 22:12

Psalm 23

Pause, ponder and think about these scripture verses.
Then respond to these questions:

What is God saying to me through these verses today?

What am I thankful for today?

Who or what do I feel led to pray for today?

Close in prayer.

BINGEWORTHY

The Bible in 10 episodes

8/18

8/25

9/1

9/8

9/15

9/22

9/29

10/6

10/13

10/20

Check box as you attend all 10 Sundays.

Don't miss an episode!

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UNITED METHODIST CHURCH

— OPEN FOR YOU —